

# Empower your business and your health

A support service to help move your business forward, without compromising your health

Refresh your business after a break with Business Coaching

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Mentoring services for business owners, consultants, start-ups and entrepreneurs

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Identify ways to make your business work for you and your health

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Free service for Zurich customers on claim, regardless of business size or location

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Provided by our trusted partner, Pivotl





From a restructure  
to a new start,  
Business Coaching  
covers a range of  
business needs.



Connect with a  
specialist business  
coach for tailored  
support to keep  
your business and  
your health on track.

## About Business Coaching

It's not easy being a business owner, and taking a break from your business to manage or recover for an illness or injury can be difficult.

That's why we've partnered with Pivotl to offer you access to **Business Coaching**. This is a business mentoring service to assist people recovering from a health event to discover strategies for managing their business while prioritising their health and wellbeing.

This may include:

- Restarting or refreshing your business after a break
- Restructuring your business to adapt to your new health needs
- Getting a new business off the ground

Working with a business mentor typically involves:

- An initial meeting to understand your current business or business idea
- Collaboration and development of a business plan
- Regular catch-ups to discuss progress, develop strategy and implement an action plan
- Ongoing support when your business is up and running

## A practical example\*

Ian is a self-employed plumber who suffered a crush injury to his spine. Ian's business had several sub-contractors but most of his role was 'on the tools'.

After his injury, Ian was no longer able to do all the plumbing duties he had previously done. Zurich connected Ian to the Business Coaching program where he was assigned the best-fit business mentor who understood the challenges of his business.

With support from his business mentor, Ian was able to expand his business and shift his role to a more hands-off role, thereby ensuring his business could continue to operate successfully, profitably and within his medical capabilities.

To get started or find out more simply chat to your claims consultant or email: [claims.rehabilitation@zurich.com.au](mailto:claims.rehabilitation@zurich.com.au)

\*This example is hypothetical and is not meant to illustrate the circumstances of any particular individual. Before acting on this information, you should consider the appropriateness of the information, having regard to your needs, financial circumstances and objectives.

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